

LESSON 8

God is your supply.

Healing your relationship with Money

1. Acknowledge this higher Power (God) is always giving you abundance, prosperity in all ways. Have you given thanks lately for all you have received and been able to circulate in your life?

2. Understanding God is your supply, really give thanks for all the things you have been so fortunate to buy, do, receive and bought lately.. Have a look at your account and recognise all that you were able to buy recently, in the last few days, weeks and months.. write all the things you also received such as discounts, gifts, all in the form of money. Recognise the gift in this higher Power. Feel how Prosperous you already are.

3. Do you feel shame with your bank account? _____

Do you feel shame about any debts? _____

Do you feel your income isn't good enough? _____

Do you feel shame as a contributor in your household in regards to money?

Do you feel guilt/shame when it comes to giving or buying things for others? That you wish you earned more or had more to give?

If you answered YES, these are all signs that money controls you and your feelings of worthiness are connected with money.

Are you ready to LET this go?

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6. How much money would you LOVE to attract this month.. allow more than you allowed in last month and forget how you will attract it?

7. What would be different in your life if you attracted this amount?

8. How would this feel?

9. How would you feel about yourself if you earned this amount?

10. Visualize having received, achieved this income for a few minutes.. giving thanks.
