

LESSON 11

The solution to every problem.

1. Think of a current situation that is challenging you right now. In your imagination, create a scene which implies that you have received your miracle to this situation. Eg: if it's your health.. see the Doctor's face expressing amazement in seeing you recovered, contrary to all reason. Or see someone you haven't seen in a while congratulate you in how successful you now are, in amazement. Really see their facial expression, looking at you in amazement of how incredible you look and what you've created.

2. Close your eyes and vividly Imagine this scene over and over until it feels real to you.