

# LOVE & PROSPER



## WORKBOOK

MATT & NAT  
MINDSET

# MY MISSION

*I believe. loving yourSELF is one of the greatest secrets to creating long term Success. Let me take you back to 2014.. I felt stuck. low in confidence. helpless & in need of a massive shift. It seemed that no matter how hard I tried. I just wasn't able to make any permanent. positive change. so I got a mentor! I finally learned how to Love myself to greater Prosperity.. See.. I discovered that I held a limited concept of myself that kept robbing me from experiencing more Love. Financial Abundance. Happiness. Health. Fulfilment and so much more. As I began to Love myself. alter my Identity & improve my Prosperity Mindset.. my results began to transform right before my eyes. I was able to find long lasting confidence & Freedom. Now it is my Mission to help you create the Love & Success you desire in your life. I will show you how to feel valuable. feel unconditional WORTHINESS. think & feel more Prosperously and help you step into a more empowered. confident. loved and successful version of YOU. Get ready to Manifest Magic. let go of the limited concept you hold and awaken a more Divine version of YOU.*

*Welcome to Love & Prosper*

*Natalia*

AWAKEN  
YOUR  
MINDSET

# Natalia Bugeja

**Co-Founder of Matt & Nat  
Mindset & Manifestation Coach**



Nat has been highly trained, personally mentored and worked alongside the legendary Bob Proctor. She is highly intuitive and deeply understands the emotional process of creating long lasting TRANSFORMATION and will help you Love & Prosper too.

Having helped thousands of individuals from all over the world understand and apply the Art of Manifestation, Nat knows how to help you improve your results by going to the cause of all results. Her style of coaching is both unique yet profound. She is able to empower her clients to achieve their desires in a very profound, spiritual, loving & feminine way.

Nat specialises in showing you exactly how to Love yourself to Greater Success, Master the Art of Manifestation, helps you increase your Prosperity Mindset, Achieve your goals and create more abundant Life Success. She believes you don't need to sacrifice what you love in order to create more abundant results, but rather, sacrifice a limited concept you currently hold. Nat truly believes you can have it all.

If you can Imagine it - you can absolutely Manifest it!

' She's got a natural touch for this and if you have the opportunity to sit down with Natalia. for goodness sake do it! She has the ability and she loves it! She will help you change your income. change your relationship. change your company. she'll show you how to change you. Natalia does a phenomenal job.'

- Bob Proctor

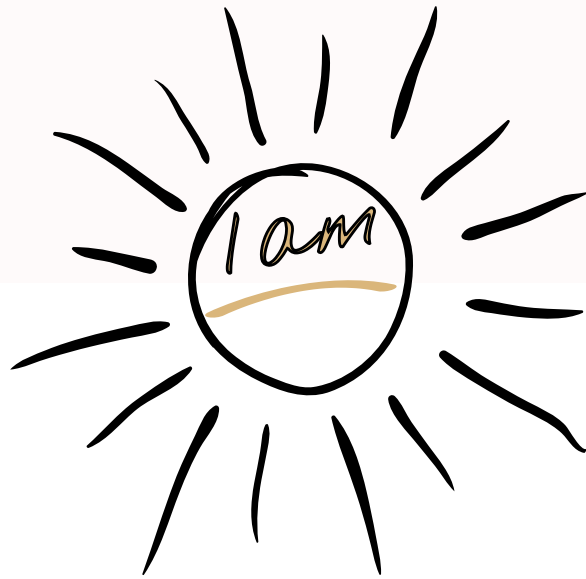
**'Alter your concept of YOU  
and you will alter your  
experience.'**



# LESSON 1

## I AM NOT MY IDENTITY

1. Fill in who you think you have been, knowing this is an identity that you can change at any time? Include your current identity when it comes to money.



2. If I am not my identity or my results then who am I?

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3. Now that I am becoming aware that I am not my identity, how do I feel, knowing that I can change it at any time?

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