



## 1:1 COACHING AGREEMENT

High performance coaching by Matt Bugeja is provided with practical sessions to ensure a success mindset becomes a part of the clients thinking , behaviour and results. Matt will guide you every step of your journey through tailored coaching sessions to help you align yourself with who you want to become and create the results you want.

### **This monthly coaching package includes:**

1. Scheduled 1:1 coaching calls with your assigned coach via Zoom or phone every 2 weeks.
2. Extra support from your assigned coach outside of scheduled coaching calls.
3. Access to the 'Next Level You' digital coaching program which is released one lesson per week for 6 months. (Valued at \$11,000)
4. Access to any additional group Q&A sessions.

Total fee for 1:1 Coaching package is AU\$2,200 inc GST per month or AU\$1,100 inc GST bi-weekly.

The service provided to the CLIENT is as per the outline above. All information provided by the CLIENT will be kept strictly confidential. The CLIENT understands that coaching is not therapy; psychotherapy or counselling and those professional referrals will be given if needed. The CLIENT enters into coaching with the understanding that they are responsible for creating their own results.

The CLIENT(s) agrees to the following:

1. I commit to being honest and committing fully. I recognise that the coaching sessions are a way to look at what I really want, and what it will take to make it happen.
2. I acknowledge that the coaching fees are collected prior to beginning the coaching sessions. I understand that there are no refunds. I also understand that due to the nature of the coaching I cannot receive a refund for the coaching or any component regardless of whether I attend the sessions or not.
3. I understand that coaching materials and coaching sessions are not to be shared or distributed in any way without the permission of the directors of Matt & Nat Mindset PTY LTD.

The CLIENT's signature on this agreement indicates compliance with the above requests and understanding of the services provided. I offer my signature below in full agreement with the terms and conditions of this agreement.

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**Client Name**

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**Client Signature**

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**Date**